



Gwersyll Glan-Ilyn Health Certificate



This form should be completed by a parent/person with parental responsibility

Full name.....Date of birth.....Age.....
 Address
 Postcode Child's e-mail address
 School Course Dates
 Name of family doctor
 Address of family doctor
 Telephone No of family doctor Medical Card No.
 Date of last anti-tetanus injection

Does your son/daughter suffer from any illness/allergy that calls for special attention or diet, e.g. asthma, migraine, epilepsy, diabetes, allergy to penicillin, food additives, animals, plasters, etc.? **YES / NO**

If YES, please give precise details and treatment (please continue on separate sheet if necessary)

Please note any recent illness/treatment, within last 3 months

Sometimes a resident requires some 'simple' treatment/medication, e.g. a plaster, paracetamol, savlon, insect/wasp bites, sunburn. Do you give a full time member of the Urdd staff the authority to give your child 'simple' treatment? **YES / NO**

It sometimes happens that surgical treatment becomes necessary during the time spent at the Centre. If such treatment becomes necessary the Director will make every effort to contact the parents so that they can give their consent to whatever treatment may be needed. Occasionally, however, the parents are away and the treatment may be urgent. If this should happen, or if there is no time to contact the parents within reasonable time for one reason or another, parents are asked to authorise the Director to act in their absence and to give consent to whatever treatment may be necessary, if in the opinion of the doctor or surgeon concerned any further delay is likely to endanger the child's health and safety. Even then, it is understood that he will only act in a case of emergency. If you agree to this you are asked to sign the following authorisation.

Should any surgical treatment be necessary in the case of my son/daughter..... while at the centre, and should contact with parents not be possible within reasonable time, the Director is hereby authorised to give permission for the necessary treatment.

Having read the enclosed information sheet I am happy for my son/daughter to visit the Urdd Centre at Glan-Ilyn.

Signature of Parent or person with parental responsibility

Relationship to child

Tel. No. Day and Night

Mobile Tel. No. E-mail

Alternative name and telephone number to be contacted in an emergency e.g. if you intend going away while son/daughter is at Glan-Ilyn, and the relationship, e.g. grandparents, aunt, friend of the family, etc.

THIS CERTIFICATE MUST BE BROUGHT TO THE CENTRE. IT SHOULD NOT BE SENT IN ADVANCE.

Various adventure courses are held in Glan-Ilyn annually. Are you interested in receiving information about courses that will be suitable for your son/daughter in future? **YES [] NO []**

GWERSYLL YR URDD, GLAN-LLYN INFORMATION FOR PARENTS



Annwyl Riant Dear Parent

We look forward to welcoming your child to the Urdd Centre at Glan-llyn. This leaflet gives information on what will be needed for your child's stay.

Urdd Gobaith Cymru, a registered educational charity, owns Glan-llyn. On arrival your child will be allocated a room that varies in size. We shall ensure that your child shares a room with friends from the same school/adran/aelwyd/area. One of the managers will welcome everybody and explain the rules and regulations, thus ensuring a happy and successful course for all involved.

The following are stressed amongst the **rules and regulation** –

- to stay clear of the lake and other activity areas at all times apart from specific activity sessions
- to keep within the boundaries of the Centre itself
- your child is responsible for keeping the Centre and their room tidy and to respect the Centre's property and other peoples' property
- to stay away from sleeping quarters, corridors, study rooms and other areas which are not theirs
- fire regulations
- meal times, any special diet arrangements
- the routine during the day and night if someone is ill or has a problem
- the importance of personal hygiene
- location of the drying room
- activities procedures

Safety Standards

Gwersyll yr Urdd Glan-llyn is registered with Adventure Activities Licensing Authority and licensed to provide specified activities. License details can be confirmed by calling AALA 029 2075 5715. All our procedures are reviewed regularly, and all equipment checked constantly. All staff has First Aid qualifications. Glan-llyn has achieved the standard of Investor in People.

Guidelines

We have strict guidelines and policies for every aspect of the Centre's work and activities. Copies are available on our website.

Health Certificate

It is very important that your child brings a completed health certificate with him/her to the Centre. Any current illnesses, problems or special requirements should be noted on this certificate. Please ensure that your child visits the main office at the Centre should any problems arise so that the matter can be dealt with immediately.

The Programme

Glan-llyn offers a varied and full programme of activities. Naturally, the activities offered depend on the nature of the course. The course co-ordinator in conjunction with the Centre managers decides on the programme. The centre has a supply of adequate equipment and clothing for all activities.

Bad Weather

Bad weather can affect some activities. The decision to change the programme on the basis of safety may be taken.

Your child should bring

- a sleeping bag, pillow case
- night clothes, toiletries, towels
- spare clothes, not expensive clothes
- swimming costume and adequate clothing for lake activities – not jeans
- training shoes, plus an old pair for lakeside activities
- on language and educational courses – a pencil and notebook

On specialist outdoor courses, you will receive further details. On fieldwork courses you should also bring –

- wellingtons and walking boots
- a calculator and protractor
- clipboard

Please ensure that your child's name is on all clothing and equipment.

Your Child should not bring

- radio, cassette/CD players, personal stereos
- knives
- torches
- felt-tip pens
- video games, expensive items
- chewing gum, aerosols – deodorants
- mobile phone
- tobacco, alcohol or any unprescribed drug (medications on prescriptions should be noted on the health certificate)

If children do bring any personal items listed above, they are collected at the beginning of the week, and returned before departure.

Telephone Office: 01678 541 000
Kiosk: 01678 540 225

Valuables

Everybody will have the opportunity to leave expensive items, e.g. a camera, in the main office; all items may be collected when required.

Meals

There are four meals a day at Glan-Ilyn and a separate menu is provided for vegetarians. Should your child have any special requirements, please mention them on the health certificate.

Shop

The Centre's shop sells sweets, drinks and Gwersyll souvenirs. The shop is open in accordance with the wishes of the course co-ordinator. We also have

machines, which serve hot, and cold drinks and confectionery all day.

The staff

Professional staff administer Glan-Ilyn and full time staff members supervise the activities, in addition to seasonal instructors who are employed during specific periods. Full time professional Urdd regional staff are on duty during some courses along with volunteers and teachers.

Refunds

No deposits are refunded apart on medical grounds only. A doctor's certificate must be submitted for a refund of 50%. After the commencement of the course no deposit is refunded; 50% of the remainder is refunded on medical grounds only on the basis of days lost.

Insurance

The Urdd has Public Liability insurance of £10 million to cover any negligence on our part. No personal insurance is included in the price. Should parents want a policy to cover personal accident, illness, lost property, etc. they should make their own arrangements.

We look forward to welcoming your child to Glan-Ilyn. Over 12,500 young people stay at the centre annually and we are proud of our care and what we offer. We are sure your child will enjoy and profit from the experience of a residential stay.

We are sure that your child will benefit from and enjoy the residential experience.

If you have any further enquiries regarding the Gwersyll or any problem that arose from your child's stay, please contact us immediately. More information on Gwersyll Glan-Ilyn is available on our website.

Hwyl
Staff Glan-Ilyn

Gwersyll Glan-Ilyn, Llanuwchllyn, Y Bala, Gwynedd, LL23 7ST

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